



# DETOXIFICATION SERVICES

REDUCING DEPENDENCE, PROMOTING INDEPENDENCE



CHOOSE THE RIGHT ROAD TO RECOVERY



## STARTING YOUR JOURNEY INTO RECOVERY

# BAC O'CONNOR DETOXIFICATION SERVICES

### Welcome to BAC O'Connor Detoxification Services.

If you are considering your options for recovery-focused rehabilitation for alcohol and/or drug addiction, or perhaps you are looking for a family member or friend, this leaflet explains the services we provide and how we can help.



Detox Unit in Burton

### DETOXIFICATION SERVICES

Our dedicated 8 bed Detox Unit, based in a homely Edwardian building in Burton upon Trent, provides a first class detoxification service for a range of different substances.

A full medical team run the service including a Consultant Psychiatrist, GP with specialism in substance misuse, Nurse prescriber, and a number of mental and general health nurses, on site, 24/7.

Detoxification needs to take place before a client can begin the therapeutic rehabilitation programme or it can be offered as a stand-alone treatment subject to certain requirements to ensure client safety at all times.

Together with any other professionals involved in your care, our GP and nursing team will work with you to determine the most appropriate detoxification regime to meet your needs.

On the Unit you will receive a range of services to support the detox process including motivational sessions, relapse prevention and peer support. Full medical and health screening is also available.

Detox services for:

- Alcohol
- Prescription medication
- Opioid substances
- Novel psychoactive substances
- Dual detox medical and health screening is also available.

### WHY CHOOSE BAC O'CONNOR?

BAC O'Connor has twenty four years' experience in providing drug and alcohol services. Following our Founder and Managing Director's own experience and journey into recovery we have developed a model which is nationally recognised as best practice based on person-centered, abstinent recovery from drug and alcohol addiction and 50% of our staff are themselves in recovery.

Our successful completion rates for the Detox Unit are some of the highest in the country.

In addition, you will have access to:

- A highly-skilled therapy team
- Holistic therapy including acupuncture, reiki and Indian head massage
- In-house chef providing tasty and nutritious meals
- Peer support from people who have been through the programme

### FREQUENTLY ASKED QUESTIONS

#### Q. How long will I need to stay at the Unit?

A. We treat every client as an individual and tailor our services to meet your needs and your detox regime will depend on what substance/s you are using, how much you are currently using and your general health.

#### Q. Will the detoxification be painful or make me feel very poorly?

A. Our caring, highly-qualified staff are experienced in providing a range of treatments to support the detox process and reduce withdrawal symptoms. We will work with you to address any discomfort during your stay with nursing staff available 24/7.

#### Q. I have other medical conditions, can I still be treated at the Unit?

A. We are able to provide treatment to people with a range of other health issues however if we cannot meet your needs we will tell you from the start. Where we can meet your needs we will work with you to agree a Care Plan during the assessment process.

### CONTINUING YOUR JOURNEY

The Detox Unit is based on the same site as our Residential Rehabilitation Programme. If you are interested in joining the Rehabilitation Programme please let one of our team know or call us to discuss and we would be happy to arrange a visit to chat about what's involved as well as a tour of the facility.

### FURTHER INFORMATION

For any further information or to arrange a tour of the Unit, please call our friendly team on the number overleaf.

“It is with true gratitude that I would like to thank all of the staff in detox. They have been patient, empathetic, friendly and approachable.”



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